## The Sacred Triangle Gateway into Creativity



"No problem can be solved from the same level of consciousness that created it." Albert Einstein

Join Eva Rider, Dream Facilitator and BodySoul® Synthesist, for a weekend of bridging the personal and cosmic wisdom inherent in the symbol of the Triangle as it takes form in our lives.

## Friday October 17, 7 to 9pm Saturday October 18, 12 to 6 pm

The Symbol of the triangle is a basic building block that describes the creative process in the transformation of consciousness. It points to Jung's "tension of the opposites" and the "third" or "Transcendent Function" which deposits us on a new plane greater that the sum of its parts. This experiential workshop will provide an opportunity for deep exploration into the Triangle, its meaning as symbol and its manifestation in our lives.

Exploring personal stories, dreams, enactment, bodysoul movement, music and art we will journey together to understand how the paradoxes of life can catalyze the process of integration and transform consciousness. The glyph of the Hermetic Tree of Life, will provide the structure on which we will examine this alchemical process as we take home a new found connection to ourselves and a deepened understanding of the power of creative process in our lives.

Center for Transformative Visions 819 1/2 Pacific Ave., Santa Cruz, CA

Cost: \$180

## Register at <u>www.reclaimingsoul.com/workshops</u> or contact Eva at <u>evarider@reclaimingsoul.com</u> or 831-427-9108



**Eva Rider MA, MFT,** is a Jungian Psychotherapist whose work encompasses unveiling the dream, its relationship to myth and the Emerging Creative Process. Eva has studied Western Metaphysics for 30 years and incorporates Jungian theory, dreams, alchemy and myth in her work. She has taught as an adjunct instructor at John F. Kennedy University and has completed The Marion Woodman BodySoul Leadership Training and teaches as a Community workshop instructor. License MFC 34393.